1. **Welcome**

The meeting was called to order at approximately 3:35 pm.

* 1. **Introductions:** Wendy Ansley, Eli Bishop III, Valerie Calderon, Todd Conger, Meredith Dillon, Courtney Doussett, Sarah Gaete, Luke Gentry, Bob Kambe, Vince Kambe, Tim McElrath, Angel Meraz, Gary Plunkett, Dr. Michael Salvador, Casey Washack, Gerry Washack, and Judy Howard (taking notes)
  2. **Student Testimonial – *Forest Willis*:** Forest is a student worker for the personal trainer program. Prior to enrolling at College of the Desert, Forest attended Citrus College. He said the COD program is very good, and is very involved in the personal trainer program. Forest said he has received encouragement from everyone, especially Wendy Ansley, Courtney Doussett, and Nellie Carrillo. His next step is to find a career with a more consistent structure, and at this time is going through the fire science program.
  3. **Purpose/Charge of the Advisory Committee:** Career Technical Education (CTE) program, with the requirement to request feedback from the community.
  4. **Overview of Degrees and Certificates:** Gary reviewed the current offerings (see Exhibit A), indicating the Coaching and Recreation offerings will be deactivated for lack of interest. Recreation is now part of the Fitness Specialist program. Gary also mentioned that the Fitness Specialist is #1 in interest. There was a brief discussion regarding transferability of Kinesiology credits. Dr. Salvador of CSUSB (Palm Desert Campus) said there is a guarantee of graduation from a four year college/university in two years if all the classes are taken. Meredith Dillon is the full-time faculty overseeing the Sports Medicine program.

1. **Advisory Committee Member Highlights – An opportunity for our members to share successes, trends, innovations, or needs in their respective fields**
   1. Casey and Gerry Washack, co-owners of Next Level Fitness and Fit in 42, are opening their fourth location. Their focus is on intangibles such as nutrition and mindset, as well as teaching. Fit in 42 creates the framework for building habits on a daily basis, as well as self-care. They are looking for quality coaches/trainers, and creating internships. **Casey and Gerry are interested in what COD is doing for the curriculum to include pain management.**
   2. Luke Gentry, DTP, and Vince Kambe, DPT, of Avid Physical Therapy, volunteer their time to COD. They are currently focused on the aging medical community/health care providers in the Coachella Valley, and bringing new health care providers to the area. **Gary indicated that COD programs are getting students ready to move on to further education or employment.**
   3. Eli Bishop III, Owner, PT, MPH, OCS of Elite Physical Therapy, gets patients back to sports, using the CrossFit program, along with other programs, for all ages. **He feels the Coachella Valley is underserved and is interested in internships.**
   4. Dr. Michael Salvador, Associate Dean at CSUSB Palm Desert Campus, stated that 75-80% of their students come from COD. The school is currently moving to the semester system, which has taken a great deal of time and effort. They are focusing on elder care due to the aging population of the Coachella Valley and would like to have a DPT program. **He asked what students are looking for at COD.**
2. **COD Kinesiology Department Updates**
   1. **PTA Degree Development, *Courtney Doussett.*** The curriculum is completed and we are in the process of submitting it. The goal is to have the program launched in Fall 2019. In the future, COD will have a “university center,” and we are currently in talks with Loma Linda to develop a fast track bridge program. Courtney added that the addition of the Palm Springs Campus will enhance our programs as that campus is built and grown. Grant money is in the works from the Desert Health Care District in addition to Bond money. **One of COD’s goal is to offer continuing education training.**
   2. **Yoga Teacher Training Certificate/Presentation, *Wendy Ansley.*** Wendy gave a PowerPoint presentation outlining the outcome of her one-year sabbatical and the development of the Yoga Teacher Training Certificate Program. **This program will be offered in the Fall 2018 semester.**
   3. **Sport Medicine Degree, *Meredith Dillon.*** This program is a four-level internship program starting in the Fall 2018 semester. Recruiting will be from health care academies. **The questions are: what is lacking and what can we do to bridge the gap?**
   4. **Exercise is Medicine, *Courtney Doussett.*** Several activities to educate and promote Exercise is medicine have taken place over the year, including May is Exercise is Medicine Month. Activities have been planned for every day in May. Included in the promotion of Exercise is Medicine, a personal trainers program was implemented and offered, at no cost, to COD students, staff, and faculty. The program has been funded and will be offered again in Fall 2018. Another area that is being considered for inclusion in Exercise is Medicine is nutrition.
   5. **Personal Trainer Certificate, *Courtney Doussett*.** When offered, this will be a one semester certificate program.
3. **Advisory Committee Input – An opportunity for our members to provide feedback/suggestions for our programs**
   * + Kinesiology is the third, possibly second, highest declared major on campus.
     + There is an overlap between teaching and coaching.
     + Coaching is touched on in Introduction to Kinesiology classes.
     + Casey and Gerry stated they are looking for trainers. There was a discussion on: field trips, the possibility of an exercise leadership presentation, opportunities to collaborate, and adding a work experience component to the curriculum.
     + How do we add pain management to our programs? Work with pain psychologists, seminars, build into internships, and levels of education. We must be careful to include a scope of understanding of what the boundaries are for different levels of pain management.
     + Focus on elder care. Include disabilities. The course work has not yet been developed.
     + Provide additional feedback/suggestions to Judy Howard at juhoward@collegeofthedesert.edu.

The meeting was adjourned at approximately 5:00 pm.

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| **EXHIBIT A** |
| [**Kinesiology /Athletics**](http://www.collegeofthedesert.edu/students/ap/Pages/physicaleducationathletics.aspx) |  |  |  |
| ​  [Advanced First Aid & Safety, CPR/AED](http://www.collegeofthedesert.edu/students/ap/Pages/Adv-First-Aid.aspx) | ​NC​ | ​ | ​ |
| [Coaching](http://www.collegeofthedesert.edu/students/ap/Pages/coaching.aspx) | L+ |  |  |
| [Fitness Specialist](http://www.collegeofthedesert.edu/students/ap/Pages/FitnessSpecialistCert.aspx) | C |  |  |
| [Kinesiology](http://www.collegeofthedesert.edu/students/ap/Pages/physicaleducation.aspx) |  |  | **AA-T\*** |
| [Lifeguard Training](http://www.collegeofthedesert.edu/students/ap/Pages/Lifeguard-Training.aspx) | NC |  |  |
| [Recreation](http://www.collegeofthedesert.edu/students/ap/Pages/recreation.aspx) |  |  | AS |
| [Sports Medicine](http://www.collegeofthedesert.edu/students/ap/Pages/Sports-Medicine.aspx) |  |  | AS |
| [Water Safety Instructor](http://www.collegeofthedesert.edu/students/ap/Pages/Water-Safety-Instructor.aspx) | NC |  |  |